



Where Science Becomes Hope

PATIENT-BASED PANEL DISCUSSION MYELOMA

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CASE PRESENTATION

53 YOF with significant PMH of HLD, prediabetes, who presented in April 2024, with chest pain and shortness of breath.

Initial Labs: Normal WBC, Hb, Plt. **Cr 1.04 (baseline of 0.74), Ca 9, protein gap of 6.4** noted on CMP (Albumin 3.7), LDH 198

Imaging: CT PE –ve for PE but showed multiple new scattered lucencies in bilateral ribs and sternum

CLINICAL COURSE

- **Myeloma Labs:**

- SPEP/FLC: IgG κ paraprotein 3.33 g/dL, Free κ 98.5, Free λ 11.9 (Ratio 8.28)
- Ig: Elevated IgG 5217 with decreased IgA & IgM
- B2-microglobulin 2.53
- No UPEP

- **Bone marrow:**

- **Morphology:** Hypercellular with trilineage hematopoiesis, mild erythroid hyperplasia and 20-30% monoclonal plasma cells with kappa restriction
- **Flow Cytometry:** 4% monoclonal plasma cell
- **FISH:** Additional copies of 1q, gain in chromosome 9, 11, 17 and monosomy 13
- **Karyotype:** 46,XX,t(2;3)(p23;q26.1),inv(9)c[20]

- **PET:** Multiple lytic lesions throughout the skeletal structures consistent with MM with a 5.8 cm lesion in the left sacrum (minimal metabolic activity)

- **Final Diagnosis:** IgG kappa MM

PANEL DISCUSSION

1. How would you risk stratify patient based on updated IMS and stage based on R-ISS?
2. How would this impact your choice of up-front therapy? Triplet vs Quadruplet?

CLINICAL COURSE

- **Diagnosed with standard-risk MM**
- **4/2024:** Started on D-RVD and completed 4 cycles on 7/16/24
- **7/23/24:** Got 1 additional cycle of D-VD. Len held due to SC collection
- **Bone Marrow Biopsy post-Induction:** Normocellular marrow with <5% plasma cell (no clonal pop)
- **Best response post-induction:** VGPR (Positive SPEP)

PANEL DISCUSSION

1. Would you obtain MRD testing post-induction and if yes, how would this impact your decision to proceed with ASCT?

CLINICAL COURSE

- **8/27-28/24:** SC collection (Plerixafor/GCSF), 10.02 million cells/kg
- **9/13/2024:** ASCT with Melphalan 200mg/m²
- **12/22/24:** Post-ASCT BM, normocellular marrow with <5% plasma cell (no clonal pop)
- **Response post-transplant:** sCR
- **MRD:** -ve

PANEL DISCUSSION

1. How will MRD status impact your choice of maintenance regimen?
2. Would you place this patient on len or D-R maintenance and why?

CLINICAL COURSE

- Patient enrolled on EXCALIBER maintenance study, randomized to len 10 mg arm
- Patient remains in MRD –ve sCR on 10 mg Len

PANEL DISCUSSION

1. How would approach stopping len maintenance if patient remains in sCR after 5 years?
How would MRD status impact this?