Current and Emerging Treatment Landscape of Lung Cancer II: Radiation Oncology Perspective

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Overview of the role of Radiation Oncology in lung cancer

- Make a decision: Curative vs Palliative
- Curative
 - Early stage unresectable (Stage I-II NSCLC)
 - Locally-advanced unresectable NSCLC
 - Post op NSCLC
 - Limited-stage SCLC
 - Oligo-categories (oligometastatic and oligoprogressive)
- Palliative principles
 - Improve symptoms, prevention of symptoms (i.e. fractures or obstruction), and/or durable local control
 - Often the most difficult of decisions we make
 - Treat vs not treat; what to treat; dose/fractionation; coordination with systemic therapy
 - Brain mets few vs multiple



Radiation Oncology Tools (current and upcoming)

Photons (alphabet soup!):

- Linear Accelerator traditional linac; CT-based Halcyon; MRI-based Unity or ViewRay; PET-based Reflexxion
- Intensity-modulated RT (IMRT); Volumetric modulated arc therapy (VMAT); Image-guided RT (IGRT); 3 dimensional conformal (3DCRT); hypofractionated RT (i.e. 6-20 fractions); stereotactic RT; radiosurgery (1 fraction)
- Special equipment 6 DoF couches; Hypersight (near diagnostic CT quality images); camera-based body surface imaging (for breath hold delivery)

Protons

- Passive scattering (older systems; most have been upgraded)(similar to 3DCRT)
- Pencil-beam scanning (also called intensity-modulated proton therapy or IMPT)
- Volumetric arc proton therapy (not yet FDA approved)
- FLASH therapy currently research only
- Brachytherapy not used much in lung cancer setting



Any images of technology are supposed to be instructive only

- -There are multiple vendors of these technologies
- -Selected images are examples, not intended to favor one or the other











3DCRT - photons



-Palliative RT -Quick forward planning -Commonly 30 Gy / 10 fractions or 20/5

VMAT IMRT - photons

-All OARs contoured -Inverse planning (Al automated) -Commonly 60-66 Gy in 30-33 fractions with chemo

- -Can be hypofractionated (w/o chemo)
- -Applies to adaptive RT equipment

IMPT - Protons

-All OARs contoured -Forward planned -Commonly 60-66 Gy in 30-33 fractions with chemo

Radiosurgery options

Linac-based

Brain and body

Frameless

:

Size, location, and OARs

109.9

Special Features: On-board imaging and Surface guidance examples

Central lung: 6 vs. 60 seconds HyperSight on Halcyon

What is a 6 DoF couch?

Penn Medicine 10

- 74 yo male with severe COPD with newly-diagnosed RUL squamous cell carcinoma involving R4 node. PDL1 is 20%. Has solitary brain metastasis.
- What do you recommend?

- 74 yo male with severe R4 node. PDL1 is 20%.
- What do you recommer

Major decisions to make

- Curative vs Palliative
- Operable vs inoperable
 - Brain
 - Lung
- Systemic therapy
 - Palliative setting chemo vs. IO vs. both
 - Curative setting sequential chemo vs. concurrent with RT
 - IO when to add
- Radiation therapy
 - Radiation dose, fractionation, volume, method of delivery

Major decisions to make

- Curative vs Palliative
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- Operable vs inoperable
 - Brain non-operative management w/ SRS
 - Lung
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 - Curative setting sequential vs. concurrent
 - IO when to add

300.0 R Head Plack Suphon Yn -4.03 cm an1 - Planning Approved - Frontal - ROIs from LGP Plan1 - Planning Approved - Sagittal - ROIs from LGP

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 - IO when to add after CRT per PACIFIC
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Renn Medicine

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- 2 4800.0 INITIAL - Completed Early - Sagittal - CT AVG 020725 P
- Radiation dose, fractionation, volume, method of delivery

Radiation Decisions and why

- 60 Gy in 2 Gy daily fractions
 - SOC per RTOG 0617 and PACIFIC trials
- IMRT delivery
 - Target volume is above the heart, and IMRT does a good job there.
- Daily CBCT for alignment
 - Daily tumor imaging helps with accurate
 - delivery and monitoring response
- Expectations: Esophagitis
 - No great prevention strategy
- If chemo was <u>not</u> concurrent delivery, would consider hypofractionation with 20 fx Example: 50-55 Gy in 20 fractions using alpha/beta = 3

Open for discussion

