

# Patient-Based Panel Discussion Head & Neck

All Speakers: Drs. Saba, El-Deiry, Stokes

Case presented by Emory University Heme-Onc fellow: Sarah J. Wood, MD

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#### **Case Presentation**

- Mr. JL is a 56 yo M w/ PMHx of T2DM, CAD, former tobacco use (1/2 pack for 10 years, 5 pack-year history) who presents to Multi Disciplinary Clinic for new diagnosis of oropharyngeal cancer.
- He initially presented to ENT after palpating a mass on the left side of his neck. The
  mass was first appreciated 2 months prior. He felt like it decreased, but then increased
  again, prompting ENT evaluation.
- Physical exam was notable for a left neck mass, matted, approximately 4 x 5 cm.
   Oropharyngeal exam notable for left tonsillar mass with mild oropharyngeal exudate and erythema present. The remainder of physical examination was unrevealing.
- ENT performed FNA biopsy of the neck lymph node and oropharyngeal mass

# Pathology

 Left lymph node biopsy FNA with 'metastatic keratinzing squamous cell carcinoma with necrosis.

 Left oropharyngeal mass biopsy with at 'least squamous cell carcinoma in situ with papillary features.' P16 positive, with diffuse and strong nuclear and cytoplasmic staining in neoplastic cells

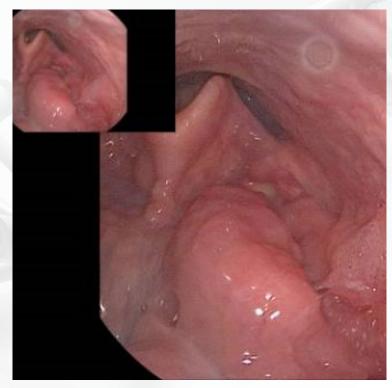


Example of p16 **positive:** IHC staining showing strong and diffuse nuclear and cytoplasmic expression in the tumor with minimal, patchy staining of normal surface mucosa (200 magnification)

-Lewis et al. Am J Surg Path, 2013

## Multi-D Evaluation

- ENT subsequently referred to Winship MDC for further evaluation.
- Direct laryngoscopy revealed left oropharyngeal mass with extension into posterior aspect of left base of tongue (BOT).
- The nasopharynx, hypopharynx, and larynx were normal.
- PET was ordered to complete staging.





## PET-CT

- In the head and neck, left base of tongue lesion extending from the left glossotonsillar sulcus to the left vallecula, measuring 2.2 x 1.6 x 4 cm with focal FDG uptake, SUV max 8.8 (CT image 106).
- There are at least 4 FDG avid left level 2 and 3 cervical lymph nodes.
- For reference: Level IIb lymph node measuring 1.9 x 1.1 cm with SUV max 7.2, Level IIa lymph node measuring 1.8 x 1.1 cm with SUV max 6.7. Level III lymph node measuring 0.9 cm with SUV max 6.7. There is no FDG avid right cervical lymphadenopathy.





#### Assessment & Plan

- 56 yo M w/ Stage II (T3N1) p16+ oropharyngeal squamous cell carcinoma presenting to MDC for initial visit.
- Pt was deemed not a candidate for Trans Oral Robotic Surgery (TORS) given the involvement of the anterior sulcus of the tongue, and thus recommended to proceed with definitive chemoRT, w/ weekly Cisplatin 40 mg/m2 x7.

### Panel Case Discussion / Q&A

- What treatment approach would you have considered in this case – concurrent chemoradiation in the definitive setting versus surgery followed by adjuvant chemoradiation (if adverse features)?
- Patients with HPV(+) OPSCC are often younger with better prognosis and survival outcomes compared to HPV(-) OPSCC patients. Given this, they often must live with treatment-related toxicities. There are a number trials investigating de-escalation in this population. What are your thoughts on de-escalation in this population and where do you think we are headed?