

### Are all CDK4/6 Inhibitors the Same?

Keerthi Gogineni, MD MSHP Associate Professor Hematology-Medical Oncology Emory University School of Medicine

## Are all CDK4/6 Inhibitors the Same?







Dr. Bhave, however, is a simple creature. She likes black and white.





## What Are We **Really** Asking?

- Is there a BEST CDK inhibitor?
- How do you define best? PFS? OS? Tolerability? Accessibility?
- Dr. Bhave is going to try to snow you with data that differentiates the efficacy of these drugs with respect to OS.



### FACTS

NO head to head comparison between these agents.



### HARMONIA SOLTI-2101/AFT-58



GLENN FAMILY

BREAST CENTER WINSHIP CANCER INSTITUTE



This is a first world question.

Perfect should not be the enemy of the good.

There is more to life than death.



## DYSREGULATION OF CDK 4/6 IN BREAST CANCER





Portman. Endocrine-Related Cancer 26, 1; 10.1530/ERC-18-0317

## CDK 4/6 INHIBITORS

Drug	Target	Dosing	Side Effects*	Monitoring	Pearls
PALBOCICLIB	CDK6/4	125mg daily D1-21 f/b 7d off	Neutropenia	CBC	
RIBOCICLIB	个个СDK6/4	600mg daily D1-21 f/b 7d off	Neutropenia LFT abnormalities Small risk QTc prolongation	CBC & LFTs & EKG	Watch out for QT prolonging con meds
ABEMACICLIB	个CDK6/4 CDK2, CDK1	With ET: 150mg bid <i>continuous</i> Monotherapy: 200mg bid <i>continuous</i>	Less Neutropenia Diarrhea Small risk DVT	CBC & LFTs	Antidiarrheal CNS penetration? Single agent option



\*All of these drugs could cause ILD/pneumonitis \*Avoid grapefruit

### CDKi in High Risk Early Stage Hormone +, Her2 - BC





## CDK 4/6 INHIBITORS in EARLY STAGE ER+ BC

Study	Intervention	Population	HR IDFS
PENELOPE-B	PALBO x1y + ET	High risk post-neoadjuvant CTX	0.93
PALLAS	PALBO x2y + ET	Stage II & III	0.93
MONARCH-E	ABEMA x2y + ET	Stage II + high-risk, Stage III	0.66
NATALEE	RIBO x3y + ET	Stage II + high-risk, Stage III	0.75



Loibl JCO 2020; Mayer Lancet Oncology 2021; Johnston JCO 2021; Johnston Lancet Oncology 2023; Slamon ASCO 2023

## FDA Approvals for Hormone +, Her2 - MBC





### 1<sup>st</sup> Line (CDKi + AI): Equivalent PFS





Finn NEJM 2016; Hortobagyi NEJM 2016; Di Leo JCO 2017



### 1<sup>st</sup> Line (CDKi + AI) RCT: OS



palbociclib

HR 0.96, p=0.3

monaleesa2 ribociclib

HR 0.76, p=0.008

Median Overall

MONARCH3 abemaciclib

HR 0.754, p=0.03 NS







Х



Finn ASCO 2022;Hortobagyi NEJM 2022; Goetz ESMO 2022



## CDK 4/6 INHIBITORS in ER+ MBC: FIRST-LINE STUDIES

Study	Intervention	Population	PFS (mo)	OS (mo)
MONALEESA-2*	RIBO + AI	Postmenopausal	25.3 vs 16	63.9 vs 51.4
MONALEESA-3 <sup>#</sup>	RIBO + FULVESTRANT	Postmenopausal & men	33.6 vs 19.2	67.6 vs 51.8
MONALEESA-7*	RIBO + AI/TAM + OS	Premenopausal	23.8 vs 13	58.7 vs 48
MONARCH-3**	ABEMA + AI	Postmenopausal	29.0 vs 14.8	67.1 vs 54.5
PALOMA-2	PALBO + AI	Postmenopausal	24.8 vs 14.5	53.9 vs 51.2
PARSIFAL <sup>‡</sup>	PALBO + FULVESTRANT vs PALBO + AI	Post & Premenopausal	27.9 vs 32.8	4y OS rate 67.6% vs 67.5%

<sup>‡</sup>PhII- PFS results not significant; <sup>#</sup>ESMO 2022 update with 70.8 mo follow-up for 1<sup>st</sup> line; \*\*ESMO 2022 Interim OS



Neven ESMO 2022; Hortobagyi Annals of Oncology 2018; Seock-Ah NEJM 2019; Tripathy SABCS 2020; Goetz JCO 2017; Finn NEJM 2016; Finn Breast Cancer Res Treat 2020; Llombart-Cussac ASCO 2020; Hortobagyi NEJM 2022; Finn ASCO 2022

Beware of cross-trial comparisons.

There were differences in the populations enrolled.

Trial populations rarely reflect the complexity of the real world.



## OS Differences in 1<sup>st</sup> Line RCT CDKi Studies

- PALOMA-2: Missing Survival Data
- Differences in disease-free intervals

	PALOMA-2 Palbo	MONALEESA-2 Ribo	MONALEESA-7 Ribo	MONALEESA-3 Ribo 1L Cohort
De Novo MBS	38%	34%	41%	20%
Disease-Free Interval				
≤12 mo	22%	1%	7%	5%
>12 mo	40%	NR	53%	75%

Finn NEJM 2016; Tripathy Lancet Onc 2018; Slamon NEJM 2020; Finn ASCO 2022; Cinicaloptions.com

## OS in a Retrospective Flatiron Study



#### OS NR in Palbo + Letrozole vs 43 months Letrozole Landmark OS analysis at 3y: 65% Palbo + Letrozole vs 53% Letrozole

\*>60% age ≥65 HR 0.55 (age ≥70) vs 0.71 (age 18-50) BREAST CENTER

WINSHIP CANCER INSTITUTE

DeMichele Breast Cancer Research 2021

### OS in a 2<sup>nd</sup> Retrospective Flatiron Study



#### **PSM median OS 58 months Palbociclib + AI vs 44 mo AI alone** HR 0.72 [0.62–0.83]; P < 0.0001



Rugo NPJ Breast Cancer 2022

## OS in a Retrospective SEER-Medicare Study



OS rate at 3 years: 73% ET+CDKi vs 49% for ET alone (p<.0001) 41% lower rate of mortality (aHR, 0.590)



Goyal Cancer 2023

- Does *everyone* actually need a CDK inhibitor upfront in metastatic disease?
- Is efficacy *so* different that you should ignore patient specific variables that might affect the CDK inhibitor you select?
- Will all this matter in the long-run anyway?



## A Patient Story

- 65 yo retired woman enjoys travelling internationally. Has had bouts of recurrent cellulitis in the lower extremities.
- 4/2012: Screening MMG shows a L breast mass. Diagnosed with a grade 2 ER 100%, PR 97%, HER2 IHC 1+ negative L breast cancer.
- Undergoes lumpectomy and SLNB; pT2N1. Oncotype Dx RS 16 but PET-CT shows diffuse bone mets, confirmed on biopsy. Asymptomatic.
- 8/2012: Begins palliative Anastrazole and bisphosphonate; by 4/2014 her imaging is NED.
- 3/2020: PET shows subtle increases in metabolic uptake in her L femur. Asymptomatic. Switches from Anastrazole to Exemestane
- 5/2021: PET shows interval increase in uptake in humeral osseous met. Asymptomatic. Molecular testing + NTRK, BRCA2, NF1; germline negative. Switches from Exemestane to Tamoxifen.
- 9/2021: Increased osseous uptake in femur. Asymptomatic. Initiates Fulvestrant and Palbociclib.
- 3/2023: Restaging shows metabolic response.

### She remained on single agent AI for ~9 years!





- Tumor assessments every 12 weeks
- PFS locally assessed per RECIST v1.1
- Primary analysis planned after 574 PFS2 events
  - 89% power to detect superiority according to ESMO MCBS (HR lower limit CI ≤0.65 and Δ ≥3 months) with two-sided α=5%<sup>1</sup>

HR+, hormone receptor positive; HER2- , HER2 negative; ABC, advanced breast cancer; Al, aromatase inhibitor; PFS, progression-free survival disease-free interval after non-steroidal aromatase inhibitor >12 months. CllinicalTrials.gov (NCT03425838) 1. Cherny NI, et al, Ann Oncol 2017



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### **Baseline characteristics**



		First-line CDK4/6i N=524	Second-line CDK4/6i N=526
Median age, years (range)		64 (24-88)	63 (25-87)
WHO PS, n (%)	0	257 (49)	257 (49)
	≥1	267 (51)	269 (51)
Menopausal status, n (%)	Pre- / perimenopausal	69 (13)	76 (14)
	Postmenopausal	455 (87)	450 (86)
Disease-free interval, n (%)	Newly diagnosed	182 (35)	182 (35)
	≤24 months	96 (18)	98 (19)
	>24 months	246 (47)	246 (47)
Prior (neo)adjuvant therapy, n (%)	Chemotherapy	212 (40)	210 (40)
	Endocrine therapy	258 (49)	254 (48)
Metastatic site, n (%)	Visceral disease	291 (56)	292 (56)
	Bone-only disease	91 (17)	91 (17)
Measurable disease, n (%)		315 (60)	312 (59)
Type of CDK4/6i, n (%)	Palbociclib	479 (91)	479 (91)
	Ribociclib	42 (8)	44 (8)
	Abemaciclib	3 (1)	3 (1)



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### **Primary endpoint: PFS2**







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## 1<sup>st</sup> vs 2<sup>nd</sup> line CDKi: Main Findings of SONIA

- Did not improve PFS, OS, or QOL
- •42% increase of G3-4 toxicity
- **\$200,000** increase in drug costs/patient

Does it matter that most of the CDKi used was Palbociclib? Is Fulvestrant the optimal 2<sup>nd</sup> line? How do we identify these good risk patients?



Sonke ASCO 2023

## Racial Disparities in Use of 1<sup>st</sup> Line Treatment

Percentage initiating 1L CDK4/6 inhibitors.						
Year	2015	2016	2017	2018	2019	2020
NHW NHB	46 41	60 50	69 57	73 62	72 66	48 43

Martei ASCO 2023



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Patient 1	Patient 2	Patient 3	
48 yo patient with with ER/PR+ Her2- MBC and a history of bipolar disorder on olanzapine and citalopram.	65 yo patient with ER/PR+ Her2- MBC and a history of Chron's.	72 yo patient ER/PR+ Her2- MBC with cirrhosis due to ETOH. Lives 2 hours from the cancer center.	
QTc Risk	Diarrhea Risk	LFTs Access to monitoring	



- Does *everyone* actually need a CDK inhibitor upfront in metastatic disease?
- Is efficacy *so* different that you should ignore patient specific variables that might affect the CDK inhibitor you select?
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- New drugs, new biomarkers to predict response, & new combinations will affect selection and sequencing
  - Novel CDK inhibitors (CDK2; CDK7)
  - Novel combinations (PI3K-inhibitors; SERDs)
  - CDK post CDK
  - Molecular subtyping
- What CDKi will we select in the advanced disease setting when people relapse after adjuvant CDK inhibitors?
  - PACE, **MAINTAIN**, PALMIRA





## Are All CDK4/6 Inhibitors Useful?

# Choose the right drug at the right time for the right patient

*Efficacy, Convenience, Comorbidities, Toxicity, Drug interactions* 

Given their different indications, efficacy data, and side effect profiles, **all available CDK 4/6i are valuable therapy options** for patients with breast cancer