



## PRACTICE POINTS

# New Targets, New Agents, New Combinations: Navigating the New Landscape in Relapsed/Refractory **M U L T I P L E M Y E L O M A**

PERSONALIZING THE CARE OF PATIENTS WITH RELAPSED/REFRACTORY MM

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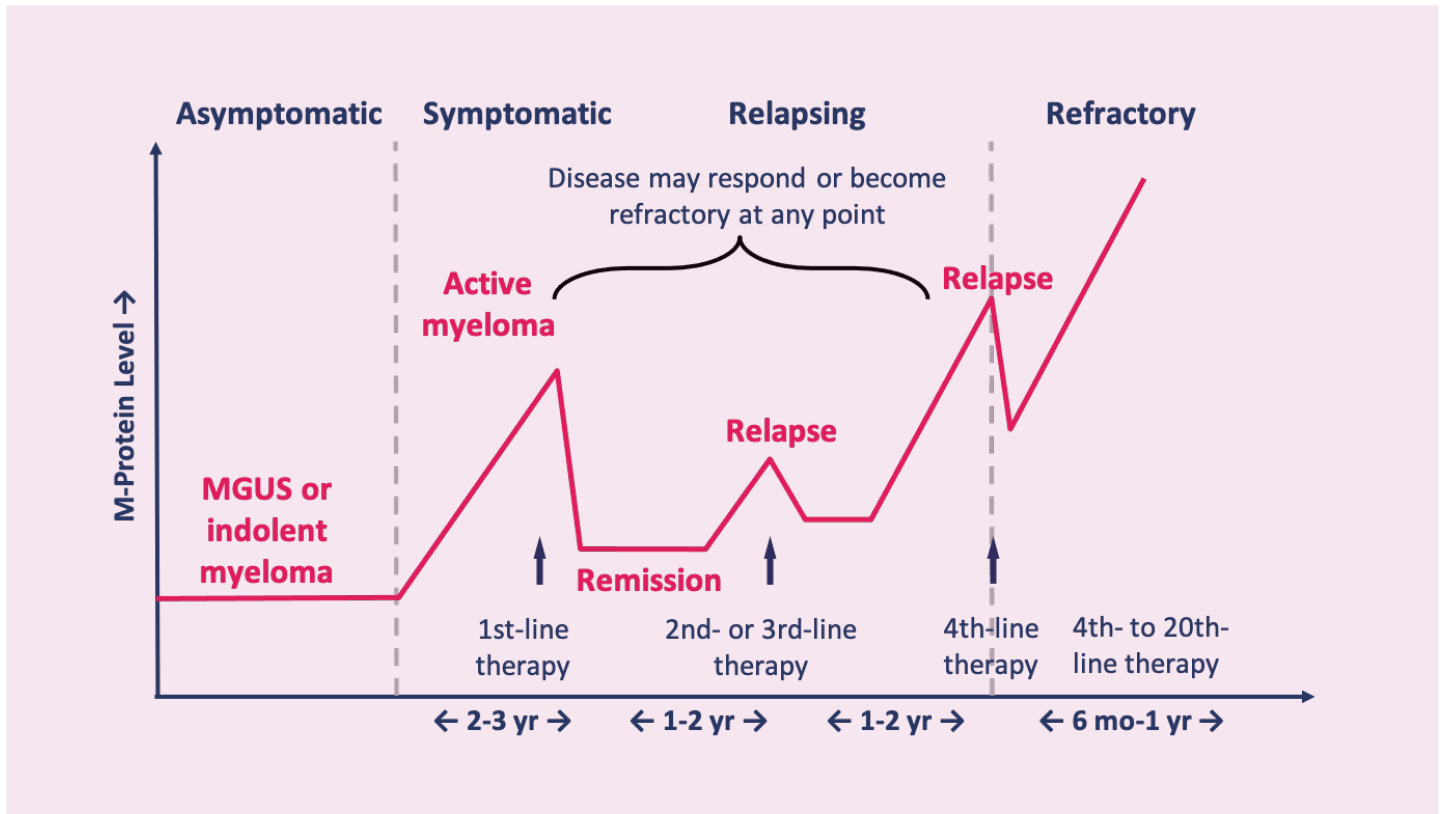


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# The Course of Myeloma Therapy – Lack of Cure



## Relapsed/refractory MM

Progression after achieving at least minor response or progression within 60 days of most recent therapy

## Primary refractory MM

Progression without achieving at least minor response

## Relapsed MM

Progressive disease but does not fit definition of relapsed/refractory or primary refractory

Durie BGM. IMF Concise Review. 2018 Edition. <https://imf-d8-prod.s3.us-west-1.wasabisys.com/resource/ConciseReview.pdf>. Accessed July 1, 2021.

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# Factors in Selecting Treatment for R/R MM

## Disease-related factors

- Duration of response to initial therapy
- High-risk vs low-risk status
- Molecular disease progression vs symptomatic progression
- Other comorbid conditions, patient frailty
- Treatment-related factors

## Previous therapy exposure (relapsed or refractory)

- Toxicity/tolerability of previous regimen (combination vs single agent)
- Mode of administration (PO or IV or SC)
- Cost and convenience (out-of-pocket co-pays for IV vs PO)
- Patient preference: control may be more desirable than cure at relapse

## Recently Approved Agents/Regimens for Relapsed/Refractory MM\*

<b>July 9, 2021:</b>	Daratumumab + pomalidomide and dexamethasone for patients with MM who have received at least one prior line of therapy including lenalidomide and a proteasome inhibitor
<b>March 31, 2021:</b>	Isatuximab + carfilzomib and dexamethasone for R/R MM who have received 1-3 prior lines of therapy
<b>March 26, 2021:</b>	Idecabtagene vicleucel for R/R MM after 4 or more lines of therapy
<b>February 26, 2021:</b>	Melphalan flufenamide + dexamethasone for R/R MM who have received at least 4 prior lines of therapy and are refractory to at least one PI, IMiD, and CD38-directed mAb
<b>December 18, 2020:</b>	Selinexor + bortezomib and dexamethasone for R/R MM who have received at least 1 prior therapy
<b>August 5, 2020:</b>	Belantamab mafodotin for R/R MM who have received at least 4 prior therapies, including an anti-CD38 mAb, a PI, and an IMiD
<b>March 2, 2020:</b>	Isatuximab + pomalidomide and dexamethasone for R/R MM who have received at least 2 prior therapies including lenalidomide and a PI

IMiD=immunomodulatory agent; mAb=monoclonal antibody; PI=proteasome inhibitor

\*As of July 1, 2021.

FDA website. <https://www.fda.gov/drugs/resources-information-approved-drugs/oncology-cancer-hematologic-malignancies-approval-notifications?t=493234>.

Accessed July 1, 2021

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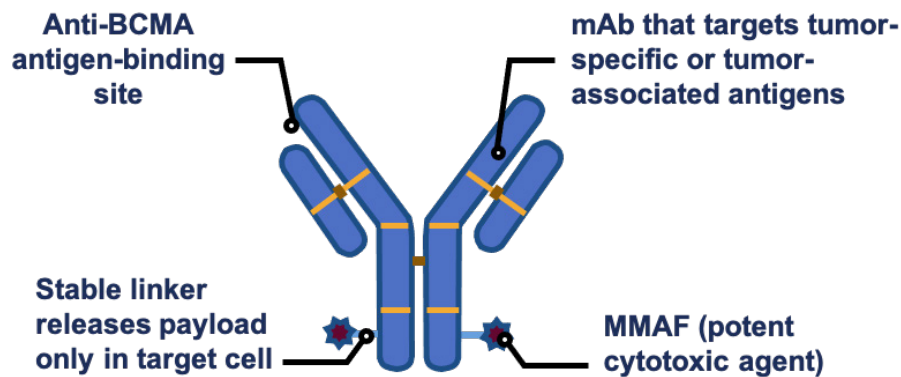


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# Belantamab Mafodotin Summary

**Belantamab mafodotin:** humanized, afucosylated, IgG1 BCMA-targeted ADC that neutralizes soluble BCMA



Cytotoxic agent	MMAF (highly potent auristatin)
Afucosylation	Enhanced ADCC
Linker	Stable in circulation

**FDA approved:** For patients with R/R MM after  $\geq 4$  previous therapies including an anti-CD38 mAb, a PI, and an IMiD

## DOSING

**2.5 mg/kg IV once every 3 wk as infusion over 30 min**

- Systemic steroids not required prior to initial infusion or in combination with belantamab, but patients should be monitored for infusion-related reactions
- Belantamab is only available through REMS program due to potential for ocular toxicity
- Counsel patients on what to expect when receiving belantamab, including about the risk of ocular toxicity and the need for ophthalmic examinations prior to each dose

IMiD=immunomodulatory agent; mAb=monoclonal antibody; PI=proteasome inhibitor  
Tai YT, et al. *Blood*. 2014;123:3128-3138. Trudel S, et al. *Lancet Oncol*. 2018;19:1641-1653. Trudel S, et al. *Blood Cancer J*. 2019;9:37. BLENREP [package insert]. Research Triangle Park: GlaxoSmithKline; 2020.

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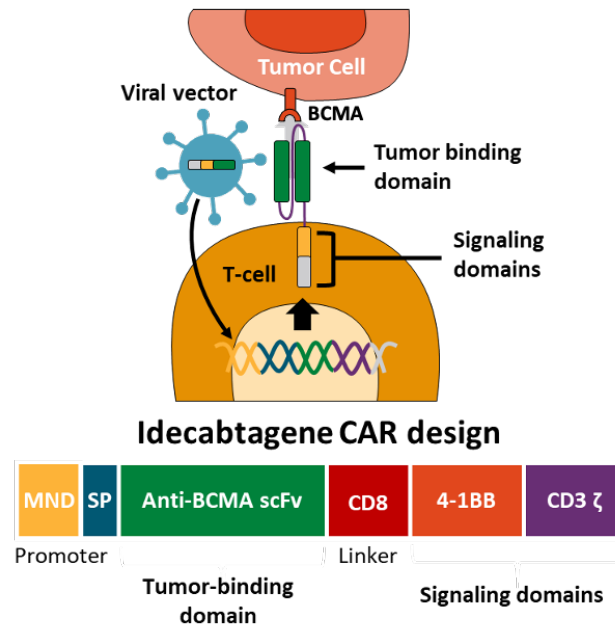


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# Idecabtagene Vicleucel Summary

**Idecabtagene vicleucel:** BCMA-directed genetically modified autologous CAR T-cell therapy



**FDA approved:** For patients with R/R MM after  $\geq 4$  previous lines of therapy including a PI, an IMiD, and an anti-CD38 mAb

## DOSING

**Recommended dose range:  $300$  to  $460 \times 10^6$  CAR-positive T-cells**

- Must be administered at certified healthcare facility under REMS; lymphodepleting chemotherapy regimen (cyclophosphamide and fludarabine) must be administered before infusion
- Premedicate with acetaminophen and H1-antihistamine, but avoid prophylactic use of systemic corticosteroids (eg, dexamethasone)
- Counsel patients on what to expect when receiving idecabtagene vicleucel, including the risk of CRS and neurotoxicity

ABECMA [package insert]. Summit, NJ: Celgene Corporation, a Bristol-Myers Squibb Company; 2021.

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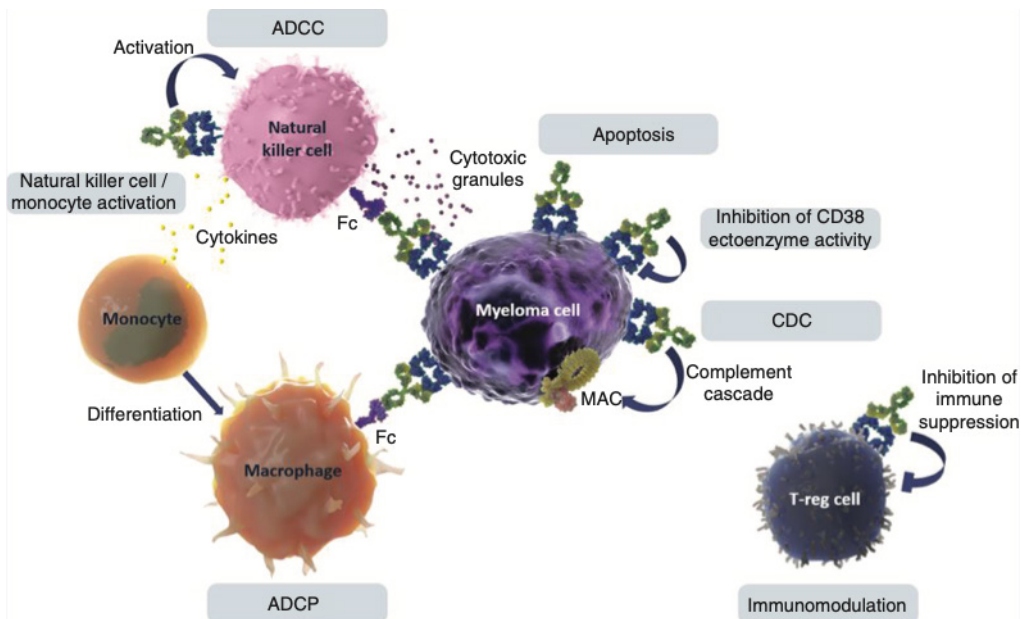


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# Isatuximab Summary

**Isatuximab:** a CD38-directed cytolytic antibody



**FDA approved:** In combination with pomalidomide and dexamethasone for patients who have received at least 2 prior therapies including lenalidomide and a PI

In combination with carfilzomib and dexamethasone for patients who have received 1-3 prior lines of therapy

## DOSING

**10 mg/kg IV every week for 4 weeks, followed by every 2 weeks until PD or toxicity**

- Premedicate with dexamethasone, acetaminophen, H2 antagonists, and diphenhydramine
- Counsel patients on infusion-related reactions, neutropenia, SPMs, cardiac toxicities, interference with laboratory tests, and embryo-fetal toxicity

Moreau P, et al. *Future Oncol*. 2020;16:4347-4358. SARCLISA [package insert]. Bridgewater, NJ: sanofi-aventis US, LLC; 2021.

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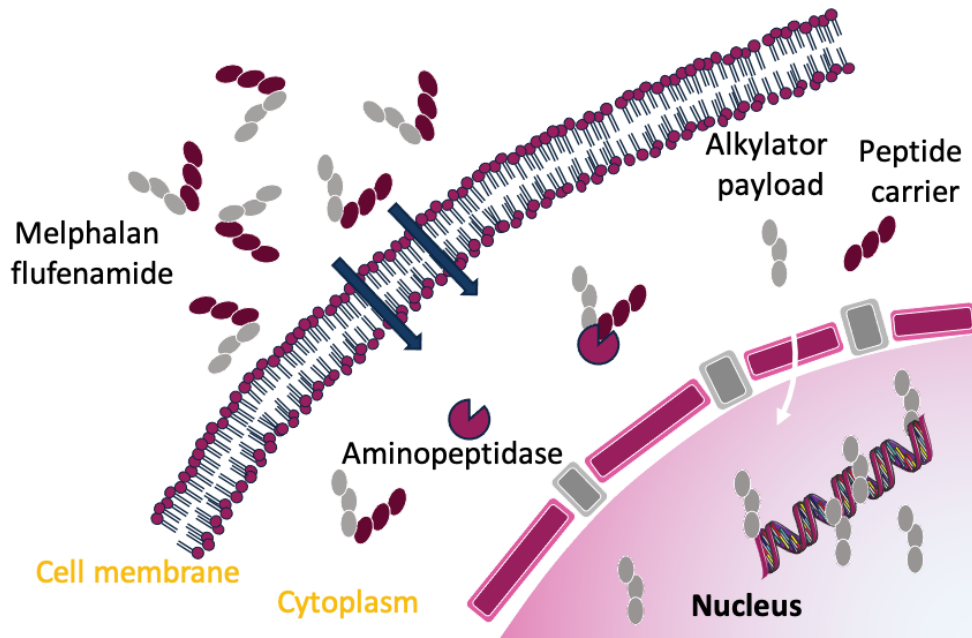


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# Melphalan Flufenamide Summary

**Melphalan Flufenamide:** first-in-class lipophilic peptide–drug conjugate hydrolyzed by peptidases to release hydrophilic alkylator payload



**FDA approved:** In combination with dexamethasone for patients with R/R MM after  $\geq 4$  previous lines of therapy and whose disease is refractory to  $\geq 1$  PI, 1 IMiD, and 1 anti-CD38 mAb

## DOSING

**40 mg IV once every mo as infusion via central venous access over 30 min**

- Dexamethasone 40 mg orally or IV on Days 1, 8, 15, and 22

- Consider providing a 5-HT<sub>3</sub> receptor antagonist or other antiemetics prior to and during treatment; patients should be monitored for infusion-related reactions
- Counsel patients on what to expect when receiving melphalan flufenamide, including nausea and need to monitor blood count and standard blood chemistry

XPOVIO [package insert]. Waltham, MA: Oncopeptides AB; 2021.

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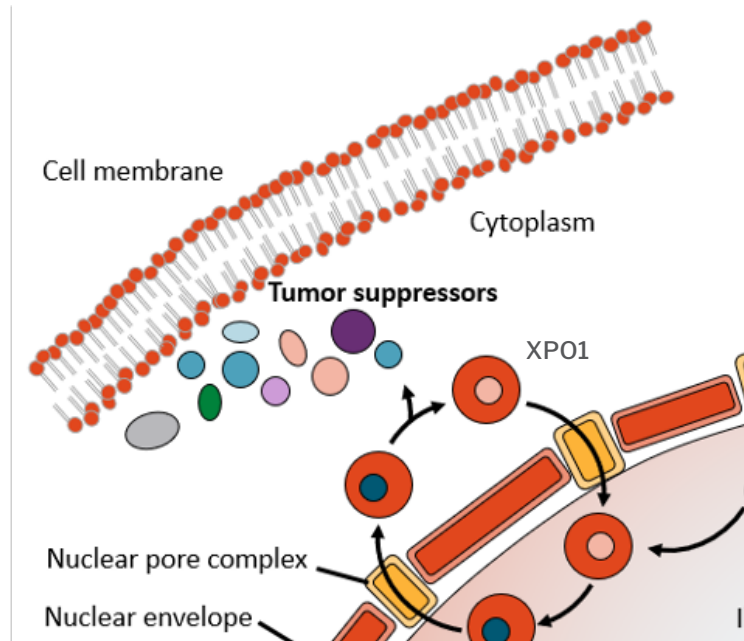


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# Selinexor Summary

**Selinexor:** an XPO1 inhibitor that induces nuclear retention and activation of TSPs and the GRPs in the presence of steroids and suppresses oncoprotein expression



**FDA approved:** In combination with bortezomib after  $\geq 1$  previous therapy. In combination with dexamethasone after  $\geq 4$  previous therapies and refractory to  $\geq 2$  PIs,  $\geq 2$  IMiDs, and an anti-CD38 mAb

**Dosing With Vd**

**100 mg PO (five 20-mg tablets) once weekly**

**Dosing With Dex**

**80 mg PO (four 20-mg tablets) on Days 1 and 3 of each wk**

- Patients should take 5-HT3 antagonists and/or other anti-nausea agents (eg, olanzapine) prior to and during treatment with selinexor
- Counsel patients on what to expect when receiving selinexor; advise patients to maintain adequate fluid and caloric intake; help patients with tools to ensure compliance with oral therapy

XPOVIO [package insert]. Newton, MA: Karyopharm Therapeutics Inc.; 2021. Gravina GL, et al. *J Hematol Oncol*. 2014;7:85. Culjkovic-Kraljacic B, et al. *Cell Rep*. 2012;2:207-215.

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